

INDIAN OLYMPIC ASSOCIATION

QUARTERLY NEWSLETTER | OCTOBER NOVEMBER DECEMBER 2018

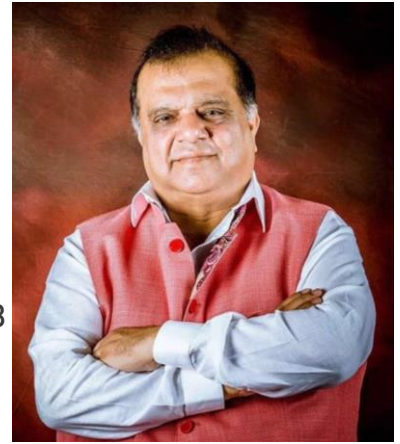




From the President's Desk

Dear IOA Members and Colleagues,

At the outset, I would like to congratulate all the medal winners, participants and National Sports Federations for India's phenomenal performance at the Youth Olympic Games (YOG) Buenos Aires 2018. India won a total of 16 medals at the YOG 2018 which included 4 Gold, 11 Silver and 1 Bronze (including Mixed Teams) which also marks our best ever performance at these Games. This performance by our youth athletes is an indication of the depth and strength of the talent pool in our country and is a positive indicator for our vision for Tokyo 2020 and Paris 2024 Olympic Games.



We successfully wrapped up this year with our Annual General Meeting on 22nd December in New Delhi where it was wonderful to meet you all. We had also reviewed the performance of Team INDIA this year across 2018 at the Gold Coast Commonwealth Games, Asian Games Jakarta-Palembang and the Youth Olympic Games, which has been indeed very heartening and I hope this golden run continues as we embark into 2019, the pre-Olympic year and beyond.

I once again congratulate all our esteemed colleagues on their appointments in the International Sport Organisations this year and hope our presence will continue to expand in the times to come.

Thank you and I once again look forward to your continued support in 2019 and beyond to make the Indian Olympic Association a formidable force to reckon with and to realise our collective vision and plans for IOA. In the coming year, I look forward to an increased interaction and involvement with all our member bodies.

Wish you all and your families a Blessed, Healthy, Happy and a Prosperous New Year -2019!

Dr Narinder Dhruv Batra
President



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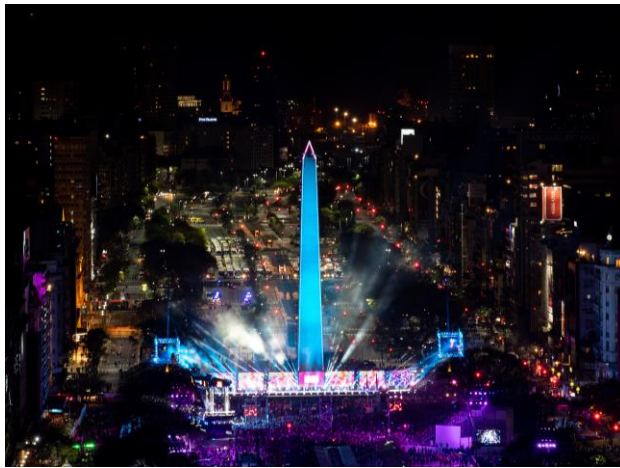
ANNOUNCEMENTS

From 6 to 18 October 2018, Argentina hosted the 3rd edition of the Summer Youth Olympic Games, Buenos Aires 2018 with more than 4000 athletes from 206 countries taking the centre stage in what was the biggest multi-sport event for Young Athletes aged between 15-18. It was the first time in history that the Youth Olympic Games took place in the Americas. The city of Buenos Aires came alive to celebrate sport and culture, bringing the Youth Olympic Games closer to the people, with the free-access policy enabling spectators to experience not only the high-level sports competitions, but also the festivals and activities, marking a new course for Olympism.

Team India was set to take part in the multi-sport event with its largest ever contingents at the Youth Olympics, as 46 young athletes earned qualifications to compete in 13 sports. Recurve Archery saw 2 athletes, 7 in Athletics, 2 in Badminton, 1 in Boxing, teams of 9 each in Men's and Women's Hockey 5s, 1 in Judo, 2 in Rowing, 4 in Shooting, 1 in Sport Climbing, 2 in Swimming, 2 in Table Tennis, 2 in Weightlifting and 2 athletes in Wrestling were set to compete in Buenos Aires 2018.

In the lead up to the Youth Olympic Games, the Indian Olympic Association on 1 October 2018 organized a **Preparatory Session** and a **Send-Off Ceremony** for Team India, detailed in Page 11 and 12, under Events.

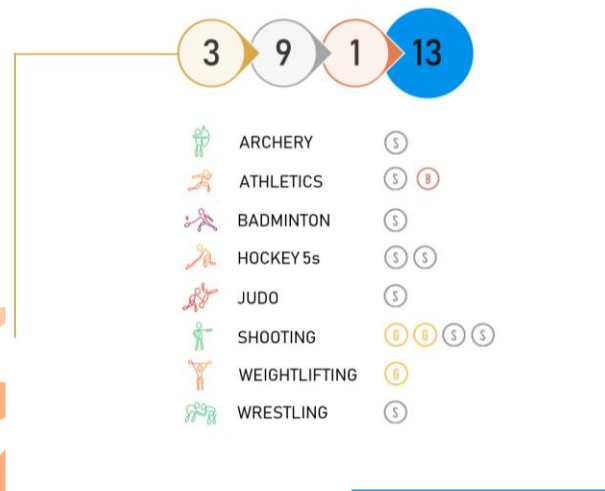


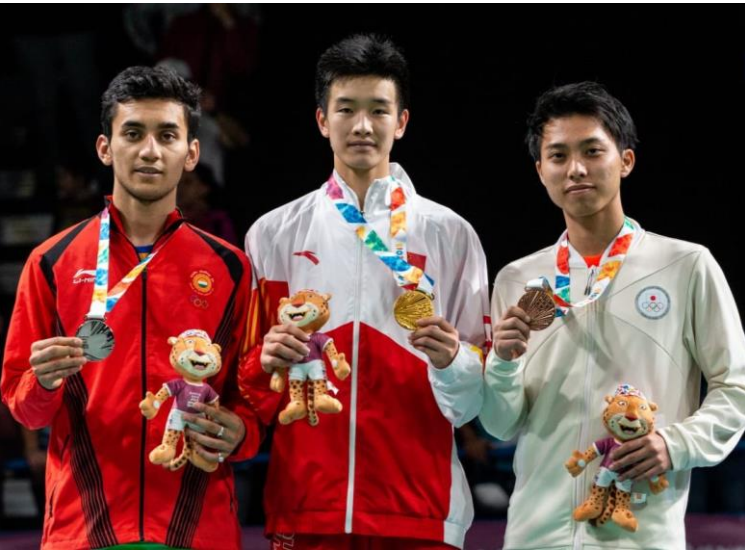


A contingent of 68 members comprising of 46 athletes, 25 men and 21 women was led by Chef de Mission Mr Gurudutta D. Bhakta. Shooter Manu Bhaker had the honour of being the Flag-bearer at the Opening Ceremony while Weightlifter Jeremy Lalrinnunga was the Flag bearer for the Closing Ceremony.

Indian athletes-Vivek Sagar Prasad, Saurabh Chaudhary and Manu Bhaker were featured on the Olympic Channel, narrating their ordeals and future ambitions. In another memorable occasion for Team India, Silver medallist Tababi Devi donated her 'Judogi' and Gold medallist Saurabh Chaudhary donated his 'Pistol' for permanent exhibit at the Olympic Museum in Lausanne. Other members of the contingent included IOC Young Reporter Annesha Ghosh and IOC Young Changemaker Lakshman Rohit Maradappa.

At Buenos Aires 2018, Team India won a total of **13 medals - 3 Gold, 9 Silver and 1 Bronze**. Indian athletes also competed in IOC International Mixed Team events, with Lakshya Sen winning a Gold, while Tababi Devi and Manu Bhaker winning a Silver each.





Buenos Aires 2018







Buenos Aires 2018 Highlights

- ❖ **Team India finished 17th overall** in their campaign at the 3rd Summer Youth Olympic Games delivering its best ever performance at the YOG in Buenos Aires 2018, amassing 13 medals – 3 Gold, 9 Silver and 1 Bronze medals in 8 different sports
- ❖ Shahu Tushar Mane opened the medal count for India with a Silver in Shooting
- ❖ Tababi Devi Thangjam won a Silver for Team India at Buenos Aires 2018, winning India's first-ever Olympic medal in Judo
- ❖ Jeremy Lalrinnunga, became the first-ever Indian Gold medallist Champion in Youth Olympics after he aced the Men's 62kg Weightlifting competition, lifting a combined weight of 274kg
- ❖ Team India Shooting contingent of four, remarkably returned with a medal each; winning 2 Golds and 2 Silver
- ❖ In Badminton, Lakshya Sen put forth a superb performance, staying unbeaten till the Finals. Lakshya won Silver in the Men's Singles event
- ❖ Simran became the only second female wrestler from India to win a medal at Youth Olympic Games
- ❖ Making their first ever appearance at the Youth Olympics, Team India Hockey Men and Women 5s teams both won Silver medals in their events
- ❖ 16-year-old archer Akash Malik created history by winning India's first-ever Silver medal at the Youth Olympic Games in Archery Men's Recurve Individual event
- ❖ In Athletics, Suraj Panwar and Praveen Chithravel won a Silver and Bronze each. Suraj Panwar and Nisar Ahmad also recorded their Personal Best timings at the YOG
- ❖ Archana Girish Kamath put up a brave-hearted performance at the YOG, reaching the Semi-Finals unbeaten with 5 straight wins, even though she lost her Semi-Finals and Bronze medal matches.
- ❖ Team India athletes also competed in IOC International Mixed Team events where Lakshya Sen won 1 Gold, while Tababi Devi and Manu Bhaker won a Silver each.



Buenos Aires 2018 Medallists

Archery

Silver-Akash Men's Recurve Individual

Athletics

Silver-Suraj Panwar 5000m Racewalk

Bronze-Praveen Chithravel Men's Triple Jump

Badminton

Silver-Lakshya Sen Men's Singles

Hockey 5s

Silver-Men's Team

Prashant Kumar Chauhan, Shivam Anand, Shivam Anand, Maninder Singh, Sanjay, Sudeep Chirmako, Pawan, Rabichandra Singh Moirangthem and Vivek Sagar Prasad

Silver-Women's Team

Salima Tete, Reet, Khushboo, Ishika Chaudhary, Mumtaz Khan, Baljeet Kaur, Chetna, Bichu Devi Kharibam and Lalremsiami.

Judo

Silver-Tababi Devi Thangjam Women's Under 44kg

Shooting

Gold-Saurabh Chaudhary Men's 10m Air Pistol

Gold-Manu Bhaker Women's 10m Air Pistol

Silver-Shahu Tushar Mane Men's 10m Air Rifle

Silver-Mehuli Ghosh Women's 10m Air Rifle

Weightlifting

Gold-Jeremy Lalrinnunga Men's 62kg

Wrestling

Silver-Simran Women's Freestyle 43kg

IOC International Mixed Events

Badminton Gold-Lakshya Sen Mixed Team Alpha

Judo-Tababi Devi Thangjam Mixed Team Athens

Shooting-Manu Bhaker Mixed 10M Air Pistol (with Bezhn Fayzullaev of Tajikistan)

Buenos Aires 2018 YOG Preparatory Session for Team India

On 1 October 2018, the Indian Olympic Association held a Preparatory Session for the young Team India participating in their first Youth Olympic Games, to prevent inept performances resulting from lack of optimum nutrition and anxiety.

The preparatory session was divided into 4 sessions, each session being led by experts from the sports field. The first session was led by Dr Divya Jain, a Sports Psychologist who began with an ice breaking session to enhance confidence and team spirit, followed by important tips on mental fitness and how to efficiently deal with pressure. Sports Nutritionist Ms Avni Kaul took the second session, talking about ideal nutritional conditions to boost performances, about the best diet available in the South American city of Buenos Aires and also gave tips to maintain optimum hydration and nutritional levels before and during competitions. This was followed by a session on Olympic Movement taken by Dr Tarun Routhan, who spoke about the Olympic Values, birth of YOG, Athlete responsibilities on and off the field, code of conduct and etiquettes. Veteran Sports Journalist Mr G. Rajaraman led the final session on Media Do's and Don'ts which included guidelines on media interactions and coverage, positive responses to interviews and proper conduct at the Games village, competition venues, field of play and in the mixed zone. Beijing 2008 Olympic medallist, boxer Vijender Singh also joined in to inspire the teenagers and encouraged them by recounting his personal experience of competing in his first Olympics. Post-lunch, IOA completed all the pre-departure formalities including handing out of accreditation cards, forex cards, insurance and kitting.



Buenos Aires 2018 YOG Send-Off Ceremony for Team India

An official Send-Off Ceremony was organised by IOA on the evening of 1 October 2018 and was graced by Col Rajyavardhan Singh Rathore, Honourable Minister of State for Youth Affairs and Sports, IOA President Dr Narinder Dhruv Batra and Secretary General Mr Rajeev Mehta who wished good luck to the athletes.

President, Dr Narinder Dhruv Batra said, "It gives me immense pleasure to announce the Young Athletes' participation in the 3rd Youth Olympic Games in Buenos Aires. May the Indian flag fly high and our athletes bring laurels".

On the occasion Secretary General, Mr Rajeev Mehta said, "The Youth Olympic Games is a good platform for athletes to familiarise with the Olympic Values and the Olympic environment at an earlier stage than the Olympics. I urge our young Team India to see the Games as a medium for sporting and cultural exchange whilst giving their best performances. In run-up to the Tokyo 2020 Olympic Games, we are happy to extend similar support and services of experts for the benefit of athletes."



Buenos Aires 2018 YOG Felicitation for Medallist of Team India

Team India's campaign at the 3rd Summer Youth Olympic Games Buenos Aires 2018 ended on all time high with 13 medals; 3 Gold, 9 Silver and 1 Bronze in Archery, Athletics, Badminton, Hockey 5s, Judo, Shooting, Weightlifting and Wrestling. Indian athletes also won three medals in International Mixed Team Events; 1 Gold and 2 Silver.

On 21 October 2018 a Felicitation Ceremony was organised by the Indian Olympic Association to congratulate this exceptional medal haul by Team India at the Youth Olympic Games. Chief Guest on the occasion, Col Rajyavardhan Singh Rathore congratulated the athletes as IOA President Dr Narinder Dhruv Batra and Secretary General Mr Rajeev Mehta presented the medallists with cash awards of Rs 3 lakhs, 1.5 lakhs and 1 lakh for individual achievements and 2 lakhs and 1 lakh respectively for team achievements.

Congratulating the athletes Mr. Rajeev Mehta said, "The young athletes have all presented their best performance during the Games. IOA is proud of all of them. From just two medals in the previous edition to thirteen medals within four years, the progress is definitely remarkable. He also applauded the efforts of the coaches, Federation officials, MYAS and SAI, whose collective work made this historic success possible. He made a special mention of the Chef de Mission Mr. Gurudatta D. Bhakta's service during the Games." Mr. Mehta also added "IOA would be extending more support to the Youth Olympic Games medallists in their preparation for Tokyo 2020 Olympic Games."



Athlete Career Programme, New Delhi

On December 9 2018, as many as 32 athletes aged between 16 to 22 years attended the first edition of the IOC Athletes Career Programme Workshop, organized by the Indian Olympic Association in New Delhi with support from IOC Athletes Commission, International Olympic Committee and The Adecco Group.

Being organized for the first time in India, the day long ACP Workshop aimed at preparing young elite athletes, providing them with the resources and training required to overcome the challenges of handling dual career and career transition when their sporting career is nearing an end.

The Workshop was conducted by IOC educated ACP Educators and Olympians, Ms Anjali Bhagwat and Ms Jovina Choo. A team of Adecco officials guided the athletes on interview skills, CV, etc. Athletes from Boxing, Wrestling, Shooting, Cycling, Football, Fencing, Judo, Athletics, Lawn bowl and Archery attended the Workshop. At the end of the Workshop, President of the Asian Tennis Federation and Vice President of the International Tennis Federation, Mr Anil Khanna gave certificates to the young athletes and applauded the efforts of IOA.

IOA would be conducting more ACP Workshops in other cities by next year.



Annual General Body Meeting

The Annual General Body Meeting of the Indian Olympic Association was convened on 22 December 2018 at the Olympic Bhawan in New Delhi with the agenda of the meeting being to approve and decide upon:

- Mr Anil Khanna was elected as Senior Vice-President and Mr Janardhan Singh Gehlot elected as Vice-President of the Indian Olympic Association
- The House approved the amended Arbitration Rules of IOA. In addition, IOA Medical Code and Document Retention Policy were also adopted
- The House gave approval for instructions to be issued to all the National Sports Federations to constitute Athletes Commission within three months
- The IOA decided to relegate the National Sports Federations of Equestrian, Golf and Yachting to Associate Membership



Meeting with Mongolian National Olympic Committee

Chief Advisor to the Mongolian National Olympic Committee Mr Jugder Otgontsagaan called upon Indian Olympic Association Secretary General, Mr Rajeev Mehta at the Olympic Bhawan IOA office on 1 November 2018. After fruitful discussions, Mr Rajeev Mehta and Mr Oto exchanged souvenirs.



Meeting of the Games Technical Conduct Committee

The Games Technical Conduct Committee held its meeting on 30 October 2018, at the IOA office wherein current status for preparation of the 36th National Games in Goa was discussed in depth in the presence of ED-SAG & Joint CEO, National Games Goa and Chief Engineer, Government of Goa.

Olympism in Action Forum, Buenos Aires

The International Olympic Committee launched the first ever Olympism in Action Forum in Buenos Aires from 5 to 6 October 2018, ahead of the 3rd Summer Youth Olympic Games in Argentina. The forum brought together stakeholders from across the Olympic Movement and society to open new dialogues, discuss global challenges, and share innovative experiences and inspiring stories to further mobilise sport to create a better world.

IOA Secretary General Mr Rajeev Mehta attended the two-day Forum that drew close to 1,600 participants including Athletes, International Federations, National Olympic Committees, business partners, UN agencies, NGOs, governments, private and public-sector leaders, academics, media and artists.

Pro Sport Development, a social enterprise set-up to work towards the vision of developing sport and empowering youth at the grassroots in India was conferred upon with the IOC Sports and Active Society Development Grant award for 2018. PSD Founder Mr Suheil Tandon collected the award and was congratulated by Mr Rajeev Mehta.



XXIII ANOC General Assembly

From 28 to 29 November 2018, Tokyo played host to 206 NOCs and more than 1,400 delegates from the Olympic Movement as they convened together to discuss matters of interest to the NOCs at the largest ever ANOC General Assembly organized in Tokyo, Japan. IOA Secretary General Mr Rajeev Mehta and Treasurer Mr Anandeshwar Panday participated in the assembly.



Team Support Grant

Olympic Solidarity provided financial assistance of USD 36,000 each as Team Support Grant, for the preparation of Indian men's and women's hockey teams. Hockey India held a specialized coaching camp for goal conversion skills in SAI, Bangalore from 1st to 8th December 2018. Two-time World Cup-winning Australian forward Glenn Turner led the camp attended by fourteen forwards from the Indian women's team.



Technical Course for Coaches

Olympic Solidarity granted funds to conduct courses by experts appointed by the International Federations (the course content follows the IFs' rules) at national and regional level. These programmes help coaches undergo training and obtain certification recognised by the IFs.

(i) **Rugby:** The Indian Rugby Football Union (IRFU) held Level 2 Coaching Course from 21 to 25 October, 2018. International experts Mr Thomas Browne and Mr Mitchell Ross led the Course attended by 48 participants.



(ii) **Weightlifting:** The Indian Weightlifting Federation (IWLFF) held Level 1 Coaching Course from 4 to 12 December, 2018. The Course led by Mr Tamas Feher was attended by 30 coaches.



OCA Athletes Forum, Tokyo

IOA Athletes Commission member Ms Anju Bobby George attended the OCA Athletes Forum, from 24 to 25 November 2018 in Tokyo. Attending the Forum was helpful in her understating about the work of IOC and OCA for benefit of the athletes and the plans to be initiated in India.



Farewell

Mr P. M. Narayanan and Mr C. S. Joshi bid farewell from the Indian Olympic Association in November, retiring after dutifully serving the organization for 18 and 32 years respectively. IOA staff and Secretary General Mr Rajeev Mehta thanked Mr Narayanan and Mr Joshi for their valuable services and conveyed best regards.





Photographs: OIS Photos and IOA



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